



## Quiet dedication has led to significant milestone

**I** OFFER my heartiest congratulations to Dr Sashi Nallapati, dental and endodontics practitioner, who has served Jamaicans for over 25 years.

It is commendable that Dr Nallapati had the foresight not only to recognise that endodontics is an area of need in the population, but also took the initiative to pursue specialist training to ensure

that he is well-placed to provide these services.

Dr Nallapati's training has allowed him to offer highly specialised professional dental care. His practice is now a leading provider of endodontic services in Jamaica and delivers professional, cutting-edge dental services. His dedication to education is noteworthy as he has imparted his knowledge and expertise to

many dental students locally and internationally through lectures, scientific articles, and clinical papers.

It is, therefore, not surprising that his contribution to the teaching of dentistry has been recognised here in Jamaica and by his alma mater, the Nova Southeastern University School of Dental Medicine, with which he has collaborated as a visiting

adjunct lecturer over many years. Fittingly, in recognition of this accomplishment, Dr Nallapati was conferred with the highest honour for graduates: the 2014 Distinguished Alumni Award.

With the support of his family, colleagues, and patients, Dr Nallapati has achieved this significant milestone in his career with quiet dedication and motivation. I am confident

that he will continue to offer outstanding service to Jamaica and share his skill and knowledge with others in this field for many years to come. Congratulations.

**HIS EXCELLENCY THE MOST HONOURABLE SIR PATRICK ALLEN ON, GCMG, CD, KStJ Governor General**



# 25 years – DR SASHI NALLAPATI

### 1. What made you decide to come to Jamaica?

I was born and grew up in India. After I finished my dental training there, I came to Jamaica to gain work experience. My plan was to eventually move to the USA for further education and perhaps settle down in the USA. It's been an established career path for many Indian doctors over the past 50 years. I did go to the USA for my post-graduate degree in endodontics, but at some point during my stay in Jamaica, I fell in love with the country and chose to come back to live here.

### 2. Tell us about your specialty in dentistry. What does it deal with?

I am an endodontist, who is a dentist specialised in dealing with diagnosing and treating tooth pain. You visit an endodontist if you are experiencing tooth pain or sensitivity, suspect a cracked tooth, suffered dental trauma, or your dentist recommended a root canal treatment.

### 3. What made you choose to specialise in endodontics?

I practiced general dentistry for eight years in Ocho Rios. During this time I found out that treating a patient in dental pain effectively, efficiently, and expeditiously is a very rewarding experience. Performing root canal treatment to save a tooth that otherwise would be removed is a satisfying endeavour. Executing this treatment painlessly and making the excruciating pain disappear almost instantly in most cases is an art that challenged me to further my training to specialise in this field.

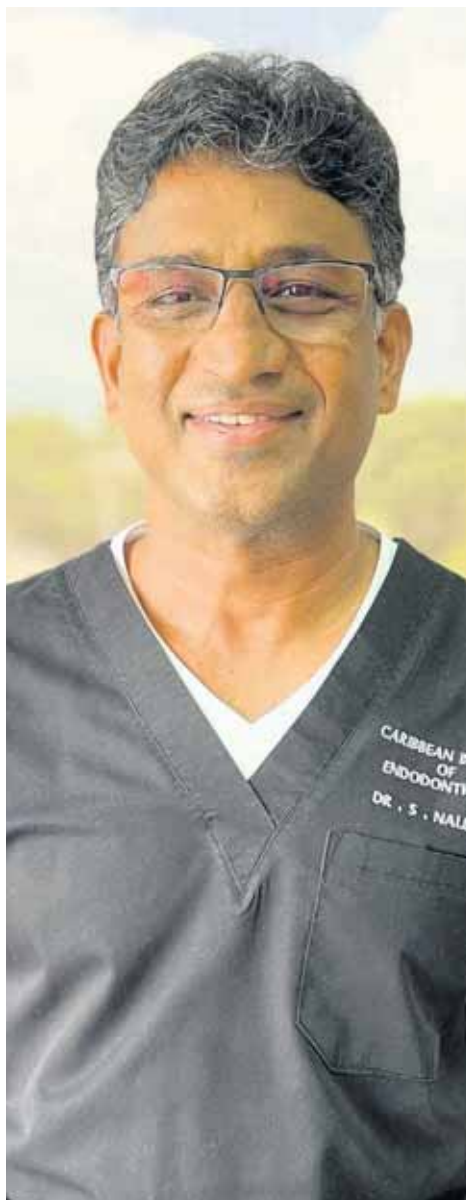
### 4. What made you choose to practise in Jamaica after you specialised in endodontics in the USA?

Many patients in Jamaica in the 1990s that needed specialist care in root canal treatment were referred to an endodontist in Miami. I wanted to change that. These past 20 years, since my arrival, hardly ever a patient is referred abroad to get specialist care for a root canal treatment. Over the years of my stay in Jamaica, I fell in love with the natural beauty, the warmth of Jamaicans, great weather throughout the year, and I received an immeasurable respect and unconditional support from my peers in the dental fraternity. This made me choose Jamaica as my home away from home.

### 5. You are a world-renowned educator in your field apart from being a very busy clinician. How did that come about?

My father, four of my uncles, and two of my aunts were university lecturers by profession. I guess teaching is in my genes. Fortunately, over the years, I have accumulated significant clinical material and refined clinical techniques that I could share with my colleagues worldwide. Teaching forces you to have a deeper understanding of the concepts and in a way makes you a better clinician. Helping shape the young minds in dentistry in the dental schools of Jamaica and the post-graduate residents at NSU, Florida, is a rewarding experience. I view this as part of my national duties.

### 6. What do you offer at Caribbean Institute of Endodontics that is different



Dr Sashi Nallapati

### from what is being offered elsewhere?

Over 25 years of clinical experience in providing root canal treatment coupled with technical expertise and technological advances in a relaxed and comfortable setting. A highly caring and very well-trained team that makes your root canal treatment experience quite enjoyable. Providing comprehensive diagnosis and sound treatment with documented long-term clinical success. Integrity and ethics as the guiding principles at the core. These are some aspects of my practice that set us apart.

### 7. What is living in Jamaica like for you?

Any place in the world has its pluses and minuses. We have our own fair share of problems living in Jamaica. But overall, living in Jamaica for me is exhilarating. With great weather, really friendly people, beautiful water, majestic mountains, Jamaica is a blessed place. For an outdoor lover, this place is paradise. Professionally, I maintain, one can create the life one wants to lead regardless of where he/she lives. Create excellence around you, and that, in turn, transports you and your teams to amazing heights. It is quite possible to do that in Jamaica, and I like to believe I am a prime example.

### 8. What is your greatest accomplishment so far?

Every one is born with some potential. Those that exceed that potential are truly blessed. I feel one of the greatest achievements for me so far is to realise my potential and exceed that. I also feel I have

succeeded so far in managing to keep a good work-life balance. Understanding the priorities in life and to fulfil those is an achievement. Learning to participate in not just my personal growth, but also in national development is an achievement, too. I am currently working on that.

### 9. You received the 2014 Distinguished Alumni Achievement Award from your alma mater, Nova Southeastern University (NSU). What are the things that helped you receive such honour?

Indeed humbled and honoured to receive the highest award from NSU. My journey to clinical excellence, my voluntary involvement with NSU in teaching the post-graduate endodontic residents these past 16 years, volunteering as a part-time lecturer at the local dental school UWI, speaking engagements as a keynote speaker at various international meetings, publications in journals and authoring textbook chapters all are instrumental. Ultimately, it is a responsibility that is bestowed on you to pursue an even higher engagement in all the things that matter in life and make a difference in others' lives.

### 10. Who are the people that helped you in your journey to excellence?

Foremost, my mother and father, who inculcated in me a value system, the need to work hard to achieve your goals, and for teaching me to practise modesty in all aspects of life. Late Dr Hugh (Palo) March for helping me in my initial days of struggle as a young Indian immigrant in Jamaica. Dr Dudley Chai-Onn for helping me in my initial days in private practice in Ocho Rios and for remaining as my friend to this date. Dr Gary Carr in San Diego, CA, for being my mentor, and because of him, I am who I am today. Dr Rick Schwartz in San Antonio, Texas, for providing me with steady guidance as to how to lead my life in and away from office. Dr Ken Namerow, in Davie, Florida, for helping me understand kindness and compassion and giving me the opportunity to become an endodontist. All my team members over the years who have helped me realise my passion to practise excellence in dentistry. Finally, my wife, who always stands behind me in all my trials and tribulations, ups and downs, and never hesitates to put me firmly in my place!

### 11. What is your message to young people aspiring to become a dentist?

Dentistry is an amazing profession where art meets science. Someone said to be a dentist is to be a doctor, engineer, artist in one. Dentistry has evolved over the past few decades to be highly technological. The new innovations in digital dentistry like the digital impression scanners, milling machines, 3D printers, CBCT scanners, magnification technology with dental operating microscopes, innovations in dental implants, both planning and placement make practising dentistry a highly satisfying profession. As people are living longer, their needs and desires to keep their natural dentition is also on the rise. This makes dentistry a field always in demand. One can make a reasonably good living being a dentist as well as feel highly accomplished. My message to young, bright individuals is to make dentistry your top career choice.

## List of conferences

DR SASHI Nallapati is world renowned in the specialty of endodontics. He lectures across the globe on Endodontic Diagnosis, Clinical Management of Complex Endodontic Anatomy, Calcified Anatomy, Case Selection, Clinical Management of Dens Invaginatus, Clinical Management of Three Canal Premolars, How to Build a Quality-Centered Endodontic Practice, Cone Beam CT Imaging in Endodontics, Interdisciplinary Treatment Planning in Endodontics, and Pulp Therapy. He has been invited to 18 countries so far to speak at various dental and endodontic conventions.

List of conferences where Dr Sashi Nallapati was invited as a keynote speaker:

Roots Endodontic meeting, Anaheim, CA, USA, 2003  
Annual meeting, ISB, Santa Fe, Argentina 2003  
Indian Dental Association, Deccan branch, Hyderabad, India 2004  
41st Annual Convention of the Jamaica Dental Association, Ocho Rios, Jamaica 2005  
American Association of Endodontists (AAE), Annual Session, Dallas, TX, USA 2005  
FUNDECO, San Jose, Costa Rica, 2005  
Universidad de Catalunya, Barcelona, Spain, 2005  
American Association of Endodontists (AAE), Annual Session, Hawaii, USA, 2006  
I Congreso De la Sociedad Venezolana De Endodoncia, Caracas, Venezuela, March 2007  
American Association of Endodontists (AAE), Annual Session, Philadelphia, April 2007  
Roots 7 Endodontic Meeting, Miami, USA, June 2007  
VI Encontro De Endodontia Da Easy, Rio de Janeiro, Brazil, June 2007  
XXIII Seminario, Colegio de Endodoncistas de Baja California, A.C., Tijuana-Rosarito, Mexico, August 2007  
FODI XXII & Indian Endodontic Society XV, Annual Endodontic Conference, Nov 23-25, 2007, Kaulalumpur, Malaysia  
El Centro Avanzado De Microscopia Endodontica Curso VI, September 2008, Los Algodones, B.C., Mexico.  
TDO Annual Meeting, September 2008 San Diego, CA, USA  
XXIX Congreso Nacional AEDE (National Endodontic Association of Spain), Oct 2008, Valladolid, Spain  
7th Annual Meeting, German Endodontic Society, Jahrestagung DG Endo, Stuttgart, Germany, November 2008  
American Association of Endodontists (AAE), Annual Convention, May 2009, Orlando, USA  
60th Annual Meeting, CAIC Study Club, Maui, Hawaii  
Dr David Rosenberg Memorial Lecture I, 12th Annual TDO User Group Meeting, San Diego, CA, USA, October 2009  
ENDOCON 2009, Gitam University, College of Dentistry, Vishakhapatnam, A.P., India  
Post-Graduate Residents, Dept of Endodontics, Albert Einstein Medical Center, Philadelphia, USA, March 2010  
IV Encontro Internacional de Endodontia de Campinas, Campinas, Brazil, March 2010  
ROOTS Summit X, Barcelona, Spain, June 2010  
California State Association of Endodontics (CSAE) Biennial Meeting, San Francisco, USA, October 2010  
Dental Ed Study Club Meeting, Auckland, New Zealand, April 2011  
15th Biennial Conference of the European Society of Endodontology (ESE), Rome, Italy, September 2011  
41st annual meeting of the Mexican Association of Endodontists, Merida, Mexico, May 2012  
Jamaica Dental Association Outreach Programme, Mandeville, Jamaica, June 2012  
2012 Health Professionals Conference, UTech School of Health Sciences, Kingston, Jamaica, July 2012  
Indian Dental Association, Hyderabad Branch, All-Day Endodontic Seminar, Hyderabad, India, August 2012  
ROOTS SUMMIT 2012, Foz Do Igauzu, Brazil, October 2012  
Italian Society of Endodontics, 32nd National Congress, Bologna, Italy, November 2012  
Nova Southeastern University, Department of Endodontics, 10th Annual Alumni Conference, Davie, FL, USA, February 2013  
Spirit 2013, Webinar, SRM Dental College, Chennai, India, April 2013  
Columbia Endodontic Association, Annual Conference, Cali, Colombia, September 2013  
16th Biennial Congress, European Society of Endodontology, Lisbon, Portugal September 2013. [www.e-s-e.eu/ese-biennial-congress/lisbon2013](http://www.e-s-e.eu/ese-biennial-congress/lisbon2013)  
New Jersey Association of Endodontics, NJAE Marc Balsom Winter Symposium, New Jersey, USA, March 2014, [www.njendo.org](http://www.njendo.org)  
Roots Summit 2014, Chennai, India, November 2014  
Kingston Study Club Winter Meeting, (full day seminar) Kingston, Jamaica, November 2014  
Pulp Fiction 16, Kielce, Poland, December, 2014  
International Academy of Endodontics, Annual Meeting, Dallas, USA, Feb 2015, University of California in San Francisco (UCSF) Endodontic Study Club, (full-day seminar) San Francisco, USA, March 2015  
International Academy of Endodontics, Annual Meeting, Dallas, USA, February 2016  
Nova Southeastern University, Department of Endodontics, 13th Annual Alumni Conference, Davie, FL, USA, February 2016  
Lady Lake Endodontic Study Club, Lady Lake, Florida, May 2016  
Indian Dental Association, Dilukh Nagar Branch, Hyderabad, India, Paninrya Dental College, Guest lecture, December 2016  
53rd Annual Convention of the Jamaica Dental Association, Montego Bay, Jamaica, February 2017  
American Association of Endodontists (AAE), Annual Session, New Orleans, April 2017  
International Endodontic Symposium 2018, Auckland, New Zealand, April 2018  
20th TDO Annual Conference, San Diego, California, USA, October 2018  
Diamond Jubilee Celebrations, Govt Dental College & Hospital, Hyderabad, India, January 2019  
55th Annual Convention of the Jamaica Dental Association, Ocho Rios, Jamaica, February 2019  
European Society of Endodontology (ESE) 19th Biennial Congress, Vienna, Austria, September 2019  
12th IFEA (International Federation of Endodontic Associations) World Endodontic Xongress Biennial Meeting, Chennai, India August 2021  
U2 Endodontic Study Club, Full day Webinar, San Francisco, USA, May 2021  
Endodontic Residents in Australia & New Zealand, University of Sydney, Webinar, July 2022



MESSAGES



Congratulations on this milestone

THE YEAR 2021-2022 signifies Dr Sashi Nallapati completing 25 years of dental practice in Jamaica. From a young immigrant dentist from India to a naturalised, mature Jamaican, he has gone on to specialise in endodontics and set up a thriving endodontic practice catering to the endodontic needs of Jamaica.

These past 25 years have helped Dr Nallapati navigate a path towards excellence in practising dentistry in Jamaica. These years have also helped him to channel his desire to contribute to dentistry in Jamaica through the mode of education. Teaching voluntarily the dental auxiliaries from 2008-2013, the full didactic course of endodontics to fourth-year dental students at the UWI School of Dental Medicine, from its inception, and at the UTech School of dentistry since 2022 helps him shape the young minds of dental students.

Dr Nallapati has been volunteering at his alma mater, Nova Southeastern University School of Dental Medicine (NSUCDM) as a visiting adjunct lecturer these past 16 years. We are proud to say that every endodontic resident at NSU since 2006 was exposed to his teachings in clinical endodontics. Nova Southeastern University recognised

the accomplishments and contributions of Dr Nallapati and conferred on him the highest honour they bestow on their graduates: The 2014 Distinguished Alumni Achievement Award.

Dr Nallapati established the Kingston Dental Study Club (KSC) and administered its running for eight years. KSC brings high-calibre speakers from across the world to foster interdisciplinary treatment planning skills among the dental specialists. Through the efforts of KSC, a lot of Jamaican dentists had a taste of excellent dental continuing education in a non-commercial setting.

In these 25 years that have passed, Dr Nallapati has been invited as a keynote speaker by the national dental and endodontic societies of 18 countries. We are extremely proud that this 'likkle' dentist practising in Jamaica has made such an impact globally. He also dabbled a bit in writing scientific papers and clinical papers along with contributing chapters to two endodontic textbooks.

By chairing the Jamaica Dental Association annual meeting twice, serving on the Jamaica Dental Council and the examination board of the DCJ for a term, Dr Nallapati had done his part in supporting organised dentistry in Jamaica.

Dr Nallapati, along with other international colleagues, helped found the International Academy of Endodontics (IAE), based out of the USA, and served as its president for two years. IAE provides high-quality medical and endodontic CE to its members and invited guests in a commercial free setting.

More than anything, these past 25 years have guided him towards lifting the art of dentistry to a higher level, help mitigate the fears of patients in performing a complex dental procedure called root canal treatment, foster mutually beneficial partnerships between our referral base, and enjoy the benefits of unwavering support from his patients.

We, the Caribbean Institute of Endodontics, congratulate our leader, Dr Sashi Nallapati, on achieving this milestone.

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We wish you every future success

THE DENTAL Council of Jamaica has extended congratulations to Dr Sashi Nallapati for the profound and sterling performance in contributing in a positive manner to the delivery of oral health services in Jamaica, covering 25 years

Dr Nallapati has made tremendous contribution in dentistry and more specifically, endodontics in Jamaica.

He is a former member of the Dental Council of Jamaica and was instrumental in forging a path for the continuing professional development of dentists such that today, it is mandatory for dental professionals to obtain CE credits in order to obtain a licence to practise.

This council wishes Dr Nallapati and his team of



dedicated professionals every success in the future, and we have an assurance that he and his team will display excellence in dental care delivery among health-seeking Jamaicans.

**DR NIGEL KNIGHT**  
Chairman,  
Dental Council of Jamaica

We appreciate you

THE MONA School of Dentistry of the Faculty of Medical Sciences of The University of the West Indies hereby extends its congratulations to Dr Sashi Nallapati on his milestone of completing 25 years as a dental practitioner in Jamaica.

The Mona School of Dentistry was opened in September 2010, and Dr Nallapati joined as a faculty member in September 2013 as the lecturer, laboratory facilitator, and clinical competency preceptor in endodontics. Since then, he has been the lecturer for this course in each succeeding academic year and has developed a love for the field of endodontics in all his students. His vast knowledge, clinical experience, and expertise



are brought to bear in his lectures, and students transition from his course fully prepared for their clinical competency development in endodontics.

Dr Nallapati has also opened the Caribbean Institute of Endodontics to our students

PLEASE SEE **JONES, I3**

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**Congratulations!!!**

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Your team has raised the bar in dedication and service!  
We Appreciate your accomplishments  
and your commitment to excellence.  
It is our immense pleasure to  
Congratulate you on your 25th Anniversary of service!

Best wishes from Dr. Prerana Nallapati and Team

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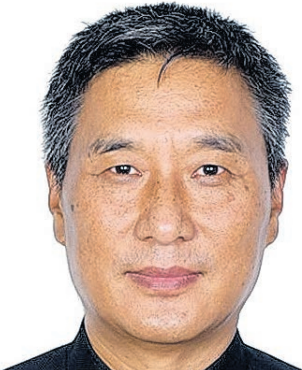
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MESSAGE

## More power to Dr Nallapati

THE 25 years of dental practice of Dr Sashi Nallapati are a lesson in perseverance, devotion, and excellence. By competing to get better every day, he is today in a league of his own. But there is much more to Dr Nallapati than being the best endodontist in town. His desire to contribute to the society has led him to volunteer to teach young students not only at his alma mater, but also at the University of the West Indies and UTech to prepare the doctors for tomorrow. Besides excelling in his profession, he and his beautiful wife form a deadly trekking and cycling team who could be at their clinic in the afternoon and in the Blue Mountains by the evening. He is truly an inspiration to many. I can proudly say that Dr Nallapati reflects the best of the Indian community in Jamaica. More power to him.



HIS EXCELLENCY  
MASAKUI RUNGSUNG  
Indian High Commissioner

TESTIMONIAL

## Happy 25th anniversary

TO THE cricketing world, Sir Vivian Richards represents extraordinary talent, determination, dedication, inspiration, leadership, and excellence. In the endodontic world, Dr Sashi Nallapati (Sashi) is one of those names that invoke the same sentiments. I cherish our friendship and feel fortunate to have him as my mentor in my professional career. Sashi is uncomplicated in his approach, like the technique of Sir Viv, and most often hits the ball out of the park when he is committed to a cause.

He has put Jamaica on the world map of endodontists with his clinical and academic contributions to the specialty, which are respected across the globe. Upon completing 25 years of practice, I wish him, his family, and the outstanding Caribbean Institute of Endodontics team a happy anniversary. Best regards.



DR VENKAT  
CANAKAPALLI  
President, International

Academy of Endodontics  
(IAE)  
Tauranga  
New Zealand

## JONES

CONTINUED FROM I2

each year for one of their courses, where they spend time in private and public-sector locations as they try to find where their passion lies in the major areas of dental specialisation. In this setting, the students get to see Dr Nallapati and his staff treating

patients, and they see first hand how he integrates technology into his practice. The students have reported that they learnt a lot from these visits. With each passing year, the School of Dentistry appreciates the immeasurable contribution of Dr Nallapati to our students as they pursue their Doctor of Dental Surgery degree and salutes him on this celebration of his commitment to the dental

profession for the past 25 years. We wish for him many more continued years of success! Kind regards,

DR THAON JONES  
Director  
School of Dentistry  
Faculty of Medical Sciences  
THE UNIVERSITY OF THE WEST INDIES  
Mona Campus  
Jamaica, WI

TRIBUTE

## A true professional

DR SASHI Nallapati's arrival in Jamaica had an almost immediate positive impact on the practice of endodontics in Jamaica. Endodontics is the highly specialised branch of dentistry dealing with the treatment of infections and pain of the teeth and jaws most often with root canal therapy. Despite the fact that he had not yet completed a residency specialising in endodontics, many Jamaican dentists began to refer their patients to then faraway Ocho Rios, where Dr Nallapati would successfully treat teeth that hitherto, would require their extraction. Eventually, Dr Nallapati's quest to hone his skills led him to a residency in endodontics at the Nova University, and the success of his practice in Ocho Rios led to his relocation to Kingston. At each and every stage, he has introduced new technologies, including the surgical microscope and CBCT scanning technology to enhance and improve the care for his patients. The best professionals share their knowledge freely and extensively, and true to form, Dr Nallapati throughout has been a



true professional. He has taught at the UWI School of Dentistry, lectured extensively locally and internationally, and he was a founding member and remains the leading light of the Kingston Study Club, a local continuing education group comprising most of the Jamaica's specialist dentists and some of the leading general practitioners. On behalf of all of the members the Kingston Study Club, I would like to congratulate Dr Nallapati on reaching this milestone and thank him for his service to Jamaican dentistry.

JEFFREY MEEKS, DDS  
President  
Kingston Study Club

MESSAGE

## Congrats to you

ON BEHALF of the Jamaica Dental Association (JDA), I extend congratulations to Dr Sashi Nallapati on his 25 years of dental practice in Jamaica. Dr Nallapati has been a member of the association for several years and has been an avid supporter of organised dentistry in Jamaica. He chaired the JDA Dental Convention twice, served on the Dental Council, Jamaica, and the Examination Board of the DCJ for a term. He has given sterling service to dentistry in Jamaica, teaching voluntarily the dental auxiliaries, the full didactic course of endodontics at UWI School of Dental Medicine, and recently the UTech School of Dentistry. He also established the Kingston Study Club and ran it for eight years. I again congratulate Dr Nallapati on this milestone and wish him every success in the years ahead.



DR AJANI BLAKE  
President 2022  
Jamaica Dental Association

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# ROOT CANAL

## WHAT IS A ROOT CANAL TREATMENT?

Root canal treatment is an often straightforward procedure to relieve dental pain and save your teeth. Patients typically need a root canal when there is inflammation or infection in the roots of a tooth. During root canal treatment, an endodontist who specialises in such treatment carefully removes the pulp inside the tooth, cleans, disinfects, and shapes the root canals, and places a filling to seal the space.

## HOW DO I KNOW I NEED A ROOT CANAL?

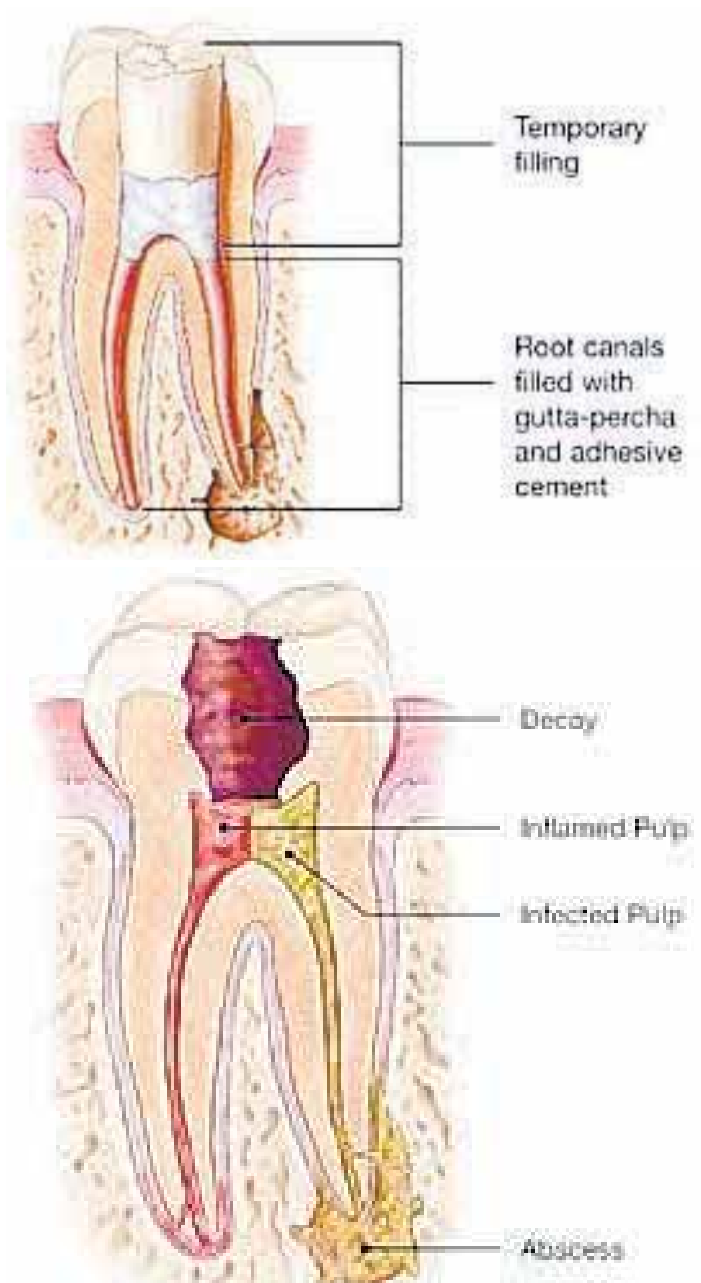
Endodontic treatment is necessary when the pulp, the soft tissue inside the root canal, becomes inflamed or infected. The inflammation or infection can have a variety of causes: deep decay, repeated dental procedures on the tooth, or a crack or chip in the tooth. In addition, an injury to a tooth may cause pulp damage even if the tooth has no visible chips or cracks. If pulp inflammation or infection is left untreated, it can cause pain or lead to an abscess.

## WHAT DENTIST DOES A ROOT CANAL TREATMENT?

While all general dentists have been trained in root canal treatment, more often than not the procedure is done by an endodontist. Generally speaking, a dentist specializes in exterior teeth and gum health, an endodontist specialises in the health of the inside of the tooth.

## HOW MUCH DOES A ROOT CANAL TREATMENT COST?

The cost varies depending



on how complex the problem is and which tooth is affected. Molars are more difficult to treat; the fee is usually more. Most dental insurance policies provide some coverage for endodontic treatment. Generally, endodontic treatment and restoration of the natural tooth are less expensive than the alternative

of having the tooth extracted. An extracted tooth must be replaced with an implant or bridge to restore chewing function and prevent adjacent teeth from shifting. These procedures tend to cost more than endodontic treatment.

Courtesy of the America Association of Endodontists [www.aae.org](http://www.aae.org)

## TESTIMONIALS

# A special person with rare qualities of incredible skills

AS FORMER programme director and chairman of Nova Southeastern University College of Dental Medicine's Endodontic Department, I am truly honoured to write this testimonial for Dr Sashi Nallapati. My greatest joy is his accomplishment in the field of endodontics. I first met Sashi during the summer of 2004 when he was first interviewing for a position as a resident. He already was an accomplished general dentist who was extremely talented in endodontic treatment without any formal training. I remember questioning him as to why he wanted to uproot his life, leaving his wife and practice in Jamaica and returning to school. His answer was that he wanted to have formal training and be the best he could be. I must say that he did just that. In my 18 years in full-time academia teaching endodontics, Sashi was definitely one of the bright stars that graduated



from my programme. He is a very gifted clinician, but more importantly, he has an extreme desire to give back to his alma mater as well as the dental schools in Jamaica. He has come every year to NSU, except during the pandemic, to give a course to the residents at his own expense. You can say that all the residents from 2006 on have definitely been exposed to his philosophy of treatment. Sashi is a special person with very rare qualities of incredible skills, compassion, and his

desire to give back. He has been sought out by dental organisations throughout the world to lecture, which he does gracefully. I am so proud of his accomplishments, and I want to wish him well as he celebrates his 25 years of endodontic practice in Jamaica.

**KENNETH N. NAMEROW, DDS**  
Professor, retired  
Chairman Dept of  
Endodontics NSU CDM  
retired  
Diplomate American  
Board of Endodontics

*Dr Namerow is the retired department chair of endodontics at Nova Southeastern University College of Dental Medicine. Dr Namerow was named "Professor of the Year" in 2013-2014 at Nova Southeastern University College of Dental Medicine. He received the prestigious I.B. Bender life time educator award for being an outstanding educator from the American Association of Endodontists in 2000.*

# He deserves all the good things that happen to him

SASHI AND I met online circa 2000. No, not on a dating app, as part of a professional discussion group. I didn't know much about Sashi's background other than that he had a good sense of humour and a funny name. When we finally met in person, we became colleagues and fast friends. Sashi is one



of those people to whom you take an instant liking and you think, "This guy is really good company." It is only after you have known him for a while that you are not so sure.

A few years later, Sashi decided to apply for endodontic residencies and asked me to write a letter of PLEASE SEE **GOOD**, 15

DR. SASHI NALLAPATI

Congrats on  
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in Jamaica

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TESTIMONIALS

He walks the walk

I FIRST met Sashi through an online forum when he was a general dentist. So I knew him only by the clinical work he posted and by the kinds of questions he asked, work, that to this day, still amazes! It was crystal clear, even early in his career, that he was someone special – with that rare combination of humility, commitment to clinical excellence, and willingness to share and give back anything he could. No one ever “walked the walk” better than Sashi. Simply one of the finest endodontists in the world.

Later, as I got to know him better, I realised that this was only the tip of the iceberg. He would question everything and everyone and was capable of penetrating analysis and

synthesis of complex ideas and concepts. A “critical thinker with a heart”, it was almost like you could see him growing right before your eyes! And taking you along with him! He grew naturally into mentoring and leadership roles, almost as if it were destiny. Everyone he has contact with can see it and feel it.

Whatever accolades he gets are richly deserved as he represents what is best and honourable in our specialty. He impacts every single person he touches, and he has touched my life and made it richer by far.

Sincerely,

**DR GARY B. CARR**  
Founder & Director  
Pacific Endodontic  
Research Foundation



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858.558.3636  
www.perfendo.org

*Dr Carr holds a special, unique place in the history of endodontics. He introduced the surgical operating microscope into endodontics, ultrasonic root-end preparation techniques along with over 30 new surgical instruments. He mentored thousands of endodontists all round the world, including Dr Sashi Nallapati.*

I wish you success

SASHI MADE me a better endodontist. Period. I had the good fortune of sharing a year of my residency at Nova Southeastern with Sashi and am happy to call him a friend to this day. Even now, years later, I can still hear his voice in my ear saying: “Fausti, you better get your ass back in that chair and find that MB2. I can see it from way back here!”

To say he is passionate about endo is an understatement. Whether he is glued to the scope in a zen-like state, standing in front of an eager crowd talking about impossible

MB2's or just engaged in an informal discussion with his students or co-residents over coffee in the cafeteria, his love and dedication for the practice of endodontics are undeniable. He is the consummate “Endo geek” who has a positive impact on the lives of his patients, students, friends, and family at each encounter.

Congratulations on all of your accomplishments, my friend. I wish you nothing but health, love, and an abundance of success in all of your future endeavours.



– Fausti

*Dr Faustino Garcia is a second-generation dentist. After completing his endodontic training at Nova Southeastern University, Dr Garcia is in a private practice limited to endodontics in Miami, USA.*

GOOD

CONTINUED FROM I4

recommendation. I was happy to oblige. One of the places he interviewed was San Antonio, where I practised and taught part time. After his interview, one of the faculty told me that Sashi seemed very bright. I asked him, “Are you sure we are talking about the same guy?” Against all odds, and despite his multitude of shortcomings, Nova University accepted Sashi into their programme. A few years later, he was honoured by the university as one of their most outstanding graduates.

Sashi has many admirable qualities and advanced skills. He can easily ride a bicycle up the steepest hill, and some say he can leap tall buildings in a single bound. He can sweat with the best of them, and because he of his short stature,

he is one of the last ones to get wet when it rains. He brims with self-confidence, which serves him well sometimes but not at other times, such as when he was washed off a cliff in Australia and was almost washed out to sea. Another example that he is not as smart as some people think. He is a master of biting sarcasm and friendly insults. Fortunately, he can take them as well as he gives them out, which is good because much sarcasm is directed his way. On one of our bicycle trips, Sashi advised the group that he had a “chiselled body”. For years, we have never let him hear the end of it. Unfortunately, rum has put an end to the chiselled body, but he is still known in some circles a “thunder thighs”. In addition to all these qualities, he is a master of his profession, among the best in the world.

Sashi is always up for an adventure, at least when Renu

allows it. We have travelled, lectured, and been on bicycle trips together all over the world. My life has been greatly enriched by his companionship and friendship. We should all aspire to live a good life like Sashi's. He deserves all the good things that happen to him.

**DR RICK SCHWARTZ**

*Dr. Rick Schwartz authored over 100 articles and abstracts and was a cover author on three editions of Fundamentals of Operative Dentistry, the primary author of Best Practices in Endodontics, all published by Quintessence. Since 1998, he has been in full-time private practice limited to endodontics in San Antonio, Texas. He teaches part time in graduate endodontics at The Dental School at the University of Texas Health Science Center at San Antonio. He received the prestigious American Association of Endodontists President's award in 2019.*

He deserves all honours

I AM extremely pleased and honoured to comment on Dr Sashi Nallapati's professional attributes. I first met Dr Nallapati when he began his endodontic residency at Nova Southeastern College of Dental Medicine. He was a gifted dentist who brought his passion for endodontics to our endodontic programme. Sashi's endodontic clinical results were exceptional. From the start of his residency, he was completing the most difficult cases. In addition, he delivered patient care with exceptional kindness and compassion. Each patient, even the most anxious one, was calmed and made to feel special. And although most patients could not fully appreciate the excellent clinical results, they did recognise that they were treated as more than just a tooth. Dr Nallapati's passion for our specialty did not end when he completed his formal training. He went on to teach dental students in Jamaica and to present a yearly two-day clinical seminar to NSU's endodontic residents. Our residents consistently find his seminars inspiring and are always amazed at the high level of care that Sashi is able to deliver. Dr Nallapati's passion for excellence and dedication to endodontic education at NSU was recognised when he was honoured with NSU's Distinguished



Alumni Achievement Award.

Personally, I was most flattered when Dr Nallapati asked me to present a weeklong ‘Endodontic Boot Camp’ at the Dental School of the University of the West Indies in Kingston, Jamaica. Sashi's motivation was to expose his dental students to additional endodontic techniques and philosophy that were taught at NSU.

I have been engaged in clinical practice and teaching for nearly 50 years, and Dr Sashi Nallapati is the most exceptional and gifted endodontist that I have known. He deserves any honour that may be bestowed upon him.

Very truly yours,

**ROBERT J. SELTZER, DMD**  
Clinical Professor of Endodontics,  
Nova Southeastern University College of  
Dental Medicine

*Dr Robert J. Seltzer is a Board Certified Endodontist who earned both his dental degree and Certificate in Endodontics from the U Penn School of Dental Medicine. He was in private practice and a part-time educator at both the University of Pennsylvania and Rutgers Dental School for over 20 years. In 2004, he accepted the position of Pre-doctoral Director of Endodontics and is currently interim Chair of Endodontics at Nova Southeastern University.*

*I have been engaged in clinical practice and teaching for nearly 50 years, and Dr Sashi Nallapati is the most exceptional and gifted endodontist that I have known. He deserves any honour that may be bestowed upon him.*

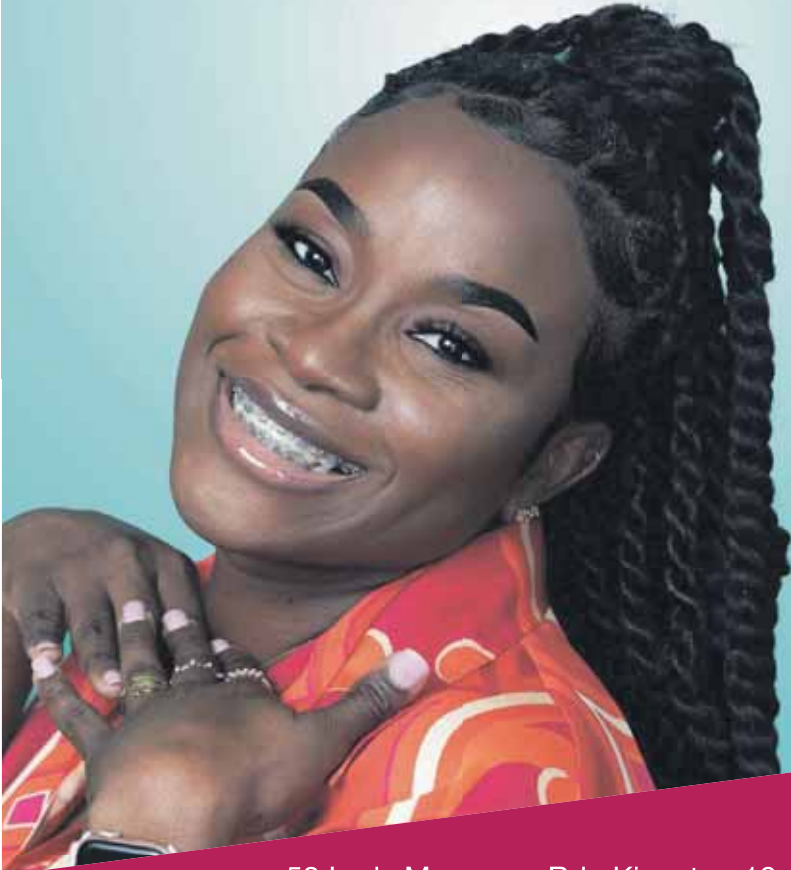
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TRIBUTES

WORKING WITH Dr Sashi Nallapati at the Caribbean Institute of Endodontics for the past seven years has helped me to grow personally and professionally. I admire the excellent care he extends to each patient.

Congratulations on your 25th anniversary, Dr Nallapati.

– Carol



MY EXPERIENCE thus far working with Dr Nallapati and my fellow staff members at the Caribbean Institute of Endodontics who are passionate about their jobs has been rewarding. I particularly enjoy the modern, digital office and relaxing environment, which makes working here very comfortable. Happy 25th anniversary, Dr Nallapati!

– Natasha



I AM honoured to be a member of Caribbean Institute Of Endodontics Ltd, where excellent patient care is the order of the day. Being proactive, efficient, and consistent are three qualities that have been instilled in me by Dr Nallapati. This has aided me in becoming a great dental assistant and shaped both my work and personal life in a positive way. I have obtained a decade of growth and development working with Dr Nallapati and for that I am grateful.

Cheers to your 25th anniversary, Doc!!

– Sasha



FIRST AND foremost, I must say congratulations to you, Dr Sashi Nallapati on your 25th anniversary of practising dentistry in Jamaica. You have done extremely well!

Working at the Caribbean Institute of Endodontics is the pinnacle of any young dental assistant's career. My 10 plus years of experience so far has given me a grounding in outstanding dental assisting as I strive to always be good at my job. I have been working in a team of three to four assistants, attending to a full schedule of patients where excellent patient care is the primary goal. I enjoy interacting with patients, and there is nothing better than seeing the gentle smiles of delight when a patient's treatment is done. I am thankful



for the opportunity, experience, professional and personal development throughout these years. I have learned a lot, and I enjoy working with Dr Sashi Nallapati, the founder and CEO of the Caribbean Institute of Endodontics.

– Judene

CONGRATULATIONS ON your 25 years of hard work and dedication! I have to say that working with you over the past 11 years continues to be a rewarding experience for me. Besides loving what I do and my daily interactions with our patients, there is a healthy work environment and outstanding camaraderie that I enjoy with each team member.

– Jackie



I HAVE been employed at the Caribbean Institute of Endodontics for the past 15 years. During this time, I have benefited a lot from my interactions with all the staff and Dr Nallapati, our team leader. He was kind and supportive to me throughout. I have personally grown to be a better team player and a better human being. Congratulations, Dr Sashi Nallapati!

– Keisha



TESTIMONIALS

SASHI, IT has been over ten years since I started referring patients to your practice. Never once have I received any complaints from the patients. It has always been positive. Every patient has the same comments: "he is such a nice person and so very professional". Over the period of working with you as an endodontic specialist, I personally have found you to be very professional and always ready to offer advice. Your lectures at the conventions have been very informative, and I have always come out of them more knowledgeable about endodontic treatments. Sashi, it has been a pleasure working in conjunction with you on patients. I am looking forward to referring patients to you for as long as you are in practice.

Congratulations on 25 years and thanks for making it Jamaica.

DR CHARLES R. EYLES,  
LDSRCS (ENG)  
Dental Surgeon

IT IS my pleasure to celebrate with Dr Nallapati and the entire team at the Caribbean Institute of Endodontics on reaching this monumental milestone of 25 years of excellence in dentistry in Jamaica.

It has been a true privilege interacting with Dr Nallapati professionally through his practice in endodontics and also through the Kingston Study Club – of which I am a proud member. I can honestly say that he has always been a kind, receptive, and helpful mentor to me.

There is no doubt about his unwavering commitment to elevating the practice of dentistry in Jamaica and utilising the linkages he has formed over the years to bring the very best in cutting-edge education to our shores. It is indisputable that the level of care we have come to offer to our patients has been improved by his contributions to



the dental fraternity.

The team and patients of Jamaica Cosmetic Dental Services are extremely grateful for our strong relationship and look forward to many more years of exceptional clinical expertise and customer service.

Congratulations to you and your team on 25 years!

– Dr Keisha Smith

FIRST met Dr Nallapati at the UWI Mona School of Dentistry, where he taught me endodontics. I was pleasantly surprised to learn that he was not only an excellent endodontist, but he also had a very jovial and light personality.

During my six years of being a general dentist, working in conjunction with Dr Nallapati has always felt, and still feels, like an honour. When I refer patients to get their root canals done, they come back very impressed and satisfied. Not only do his patients love him, he upholds dentistry to the highest standard and always encourages and pushes his colleagues to reach for the highest peak.

I think that he has been a tremendous asset to the country,



and I hope he practises until he is 90 years old!

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Dr Nallapati treating a patient at the Caribbean institute of endodontics.



Dr. Sashi Nallapati with fellow speakers at the European Society of Endodontology conference in Vienna, Austria.

### TESTIMONIALS

THE WINCHESTER Dental Family would like to congratulate the Caribbean Institute of Endodontics on its 25th anniversary. A landmark of 25 years is significant as it is a demonstration of your consistency, dedication, and commitment to exceptional service and quality. Your organisation has always put patient comfort and care at the forefront of your operations, which has resulted in the continuous growth of your practice. Thank you for your unwavering service in



preserving the natural teeth and oral health of the Jamaican community. As a general dentist, I feel extremely confident and

reassured that our mutual patients will always receive the best possible care from you and your staff as we seek to address their dental concerns. Dr Sashi Nallapati, we salute you as you strive to save the natural teeth as a first option. Winchester Dental is looking forward to a long and symbiotic relationship as you navigate the next chapter of the Caribbean Institute of Endodontics. Best wishes. DR LORRAINE CAWLEY-GORDON Winchester Dental

FROM KINGSTON to Ocho Rios, back to Kingston. This journey was typical for many of my patients in the past. Patients needing root canal treatment devoted an entire day to self-care. Dr Nallapati resided and practised in St Ann then. Why send my patients so far? Because it was well worth the investment in time and effort. Then, Dr Nallapati was the only dentist using a microscope during dental treatment and getting fantastic results. Since then, he has



collaborated with me to provide superb dental care to several

patients. We appreciate the efficiency and thoroughness with which he and his team operate. As a dental colleague, I appreciate his willingness to discuss unique cases that require treatment considered to be out of the ordinary. Today, I join my colleagues in congratulating and celebrating Dr Nallapati and his team. We look forward to many years of excellent service to our patients. DR LAWSON MYERS

I CAN vividly recall when very early in your career and your arrival in Jamaica, in pursuit of your dream of specialising in endodontics, we attended the first Roots Summit in Toronto. Your exact words were that "this meeting is going to change my life". That was in the year 2000, and those words were, indeed, truly visionary. As you reach this milestone in your life, I extend my heartiest congratulations for all you have achieved in such a relatively short time. Your pursuit



of excellence has been an inspiration to countless others not only here, but globally, and

like a rising tide that raises all boats, your success has meant our collective success in providing the best care for our patients with confidence and the expectations for positive outcomes. It has been my privilege to be your colleague over the past 25 years, and more so, your friend. May you continue to enjoy good health and have a long and prosperous career. Sincerely, DR DUDLEY CHAI-ONN, DDS Dr Nallapati, we salute you and your team on 25 years of excellent service to Jamaica. We wish you continued success in your personal and professional lives. Dent-Care Smile Clinic Dr Velmour Lyons-Morgan Dr Randolph Morgan Dr Sarah Tibby

OVER THE past 25 years, Dr Nallapati and his team have demonstrated that they possess that particular skill and dedication necessary to provide quality dental care. For this reason, we have always been very comfortable referring our patients to Caribbean Endo. Dr Nallapati has maintained his relevance by equipping himself

with the latest technologies and knowledge, which he generously shares with us, his colleagues, in order to help us achieve our fullest potential as clinicians. The reliable support offered by Dr Nallapati's office is invaluable to us at Dent-care Smile Clinic in providing comprehensive treatment for our patients.

*Congratulations to*

**DR. NALLAPATI & HIS STAFF**

on

**25 years**

from

**Dr. Otto Beck & Dr. Nigel Knight & staff!!**

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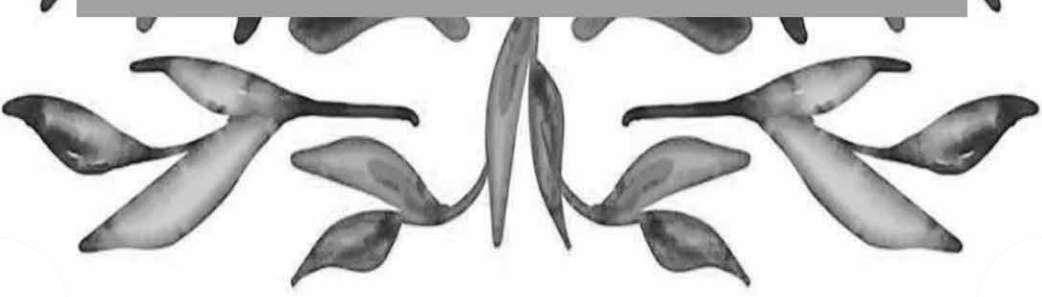
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*Congratulations*

**Dr Sashi Nallapati**

On your 25 years of  
service to Jamaica !

Here's to another 25 years !

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